



**reconnect**  
community health services

# COMMUNITY PROGRAMS

We offer community programming at seven locations within our service boundaries.

## Programs include:

- Dining, exercise, educational workshops, bingo, gardening and line dancing
- Seniors Muslim Program (halal meal and prayer included)
- Seniors Caribbean Program

## Special Programs and Events

- Summer outings, celebrations, art programs, computer classes, Saturday Spanish Program, The Portuguese Club and Community Kitchens.



## Our community programming:

- Brings neighbours and friends together
- Contributes to individual wellbeing and healthy communities
- Reflects the strengths and the diversity of the neighbourhood
- Welcomes everyone

Our Community Development focus encourages the input, contributions and leadership of our participants, volunteers, employees and supporters in program development and delivery.

Community programs are offered for a modest fee and some programs are free

### Program Sites



● Agency Office ● Community Program Sites

For more information or to set up service,  
please call Intake at  
416-248-2050 ext 5214  
[www.reconnect.on.ca](http://www.reconnect.on.ca)