



HOME HELP

We assist seniors with routine household activities and other services to enable their independent living. Care is provided by friendly, reliable and trained workers.

Home Help may include:

- Light housekeeping, laundry, and light meal preparation
- Assistance with banking, shopping and errands
- Companionship
- Personal care: hygiene, getting dressed, feeding, transferring and positioning, medication reminders, light exercise.

Home Help Service Area





RESPIRE CARE

Home Help workers offer in-home short-term relief for family and caregivers, allowing them free time for other activities.

Families and caregivers seeking Respite Care may also choose to access our Adult Day Programs for their loved one, or seek information and education about caregiver support.

Fees

A reasonable hourly fee applies. Subsidies may be available for individuals who require financial assistance.

Respite Care Service Area



For more information or to set up service,
please call Intake at
416-248-2050 ext 5214
www.reconnect.on.ca