



June 2019 Food Service MENU

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1	2
4							
LUNCH						California Bean Soup Beef Pot Roast Lyonnais Potatoes/Broccoli Fruit Salad	Creamy Asparagus Honey Garlic Chicken Breast Basmati Rice/Stirfried Vegetables Rice Pudding w/ Cinnamon
DINNER						Macaroni and Cheese Casserole Garden Salad Tapioca Pudding	Roast Lamb Mashed Potatoes/ Green Peas Apple Pie
5	3	4	5	6	7	8	9
LUNCH	Butternut Squash w/ Ginger Sweet Sesame Soy Chicken Seven Grain Rice/Honied Carrots Sticky Toffee Pudding	Tomato Soup Lemon Baked Haddock Paprika seasoned potatoes/Green Peas Honeydew Melon	Turkey Noodle General Tao Chicken Stirfried Vegetables/LoMein Noodles Dessert: Orange Wedges	Parsnip/Leek and Apple Fish Newburg served on a Pastry Shell Green Beans w/ Dill Dessert: Diced Pears	Roasted Vegetable Soup Salmon ~Asian Glazed Asian Mixed Vegetables/ Basmati Rice Dessert: Banana Slices w/ Cinnamon	Minestrone Apricot Curry Chicken Ginger Rice/Sauteed Zucchini Yogurt Cup	Vegetable Pesto Soup Roast Turkey/Stuffing/Gravy Mashed Potatoes/Brussel Sprouts Dessert: Fruit Cocktail Cup
DINNER	Vegetable Chilli w/ Tea Biscuit Fresh Fruit Slices	Beef Stew Rice/Quinoa/Spinach Pilaf Dessert: Strawberry Cupcake	Salisbury Beef Steak~Mushroom Gravy ked Potatoes/Sour Cream & Key West Vegetabl Dessert: Fruit Cup	Mexican Omelet Garden Salad/ Dinner Roll Dessert: Frozen Peach Yogurt	Swedish Meatballs Roast Potatoes/ Mixed Vegetables Dessert: Pineapple	Veal Supreme Potato Pancakes w/ Sour Cream Bananas Foster-bread pudding	Macaroni/Cheese Casserole Fish Fingers Dessert: Pudding cup
1	10	11	12	13	14	15	16
LUNCH	Italian Lentil Mesquite Grilled Chicken Santa Fe Rice/Mexi-Corn Dessert: Cappuccino Pudding	Fish Chowder Chicken Balsamic Mashed Potatoes/Butternut SQUASH Dessert:Seasonal Fresh Fruit	Hearty Vegetable Soup Summer Herb Crusted Cod O'Brien Potatoes/Asparagus Mix.Veg. Dessert: Peach Cobbler	Creamy Potato and Leek Seven(7) Bean Chili served with Corn Bread and Rice Dessert: Mixed Berries	Carrot Ginger Soup Chicken Souvlaki/Tzatziki Greek Style Roast Potatoes/Grilled Vegetables Dessert: Peach Passion Mousse	Mediterranean Lentil Soup Poached Tilapia Rice/ Vegetable Salad Dessert: Rainbow Jello	Roasted Zuchini and Asparagus Soup Roast Veal/Gravy Mashed Potatoes/Parslied Cauliflower Apple Pie
DINNER	Grilled Haddock Broccoli/Potato au Gratin Dessert: Apple Crumble Square	Rigatoni w/ Spinach Garden Salad Dessert: Apricot Halves	Garlic Lime Chicken Zesty Risotto/Sauteed Vegetable Medley Dessert: Canteloupe Slices	Oriental Sesame Beef and Mango Stirfry Steamed Rice Dessert: Orange Slices	Roast Lamb/Peach Mint Salsa Rice Pilaf/Mixed Vegetables Dessert: Apple Pie	Spinach Omelet Homefried Pot./Coleslaw Dessert: Fruit Cup	Honey Garlic Chicken Glazed yams/Asian Stirfried Vegetables Canteloupe Slices
2	17	18	19	20	21	22	23
LUNCH	Corn Soup Ravioli/Four Cheese Garden Salad and Dinner Roll	Mushroom Barley Soup Fish Burger w/ Tartar Sauce Served with Roast Potatoes and Creamy Coleslaw	Chicken Orzo Lemon Soup Coconut Curry Basa Mashed Potatoes/ Bistro Mixed Vegetables	<i>Barley Soup</i> Salisbury Steak/Gravy Baked Potato w/ Sour Cream/French Style Green Beans	<i>Roasted Cauliflower Soup</i> Chicken Tandoori Souvlaki w/ Tzatziki Rice Pilaf/ Mediterrean Mixed Vegetables	Split Pea Lemon Caper Sole Mini Red Roasted Potatoes/Broccoli	Curried Sweet Potato Roast chicken Oven Roast Potatoes/Asparagus Medley
DINNER	Rainbow Sherbet Cod Masala Quinoa/Rice Pilaf w/ Spinach Apple Crumble	Dessert: Cinnamon Rice Pudding Baked Salmon Bruschetta Baked Potato/ Brussel Sprouts Dessert: Peach Slices	Dessert: Yogurt Cup Meat Loaf/Gravy Roast Potatoes/ Mixed Vegetables Dessert: Anlle Sauce	Ice Cream Sandwich Lamb curry Vegetable Orzo/Minted Green Peas Apricot Halves	Fresh Fruit Veal on a Bun Egg Noodles/Asparagus Fruit compote w/ Cinnamon	Jello Cup Sheperds Pie/Gravy Mixed California Vegetables Coffee Cake	Fruit Cocktail Roast Beef Lyonnais Potatoes/Broccoli Carrot Cake
3	24	25	26	27	28	29	30
LUNCH	Creamy Broccoli Chicken and Leek Meat Pie/Gravy Sauteed Peppers/Onions Caramel Custard	Mushroom,Dill and Dijon Soup Philly Beef Steak calloped Potatoes/Corn w/ Lime Cumin Butte Tropical Fruit Salad	Chicken Gumbo Soup Curry Chicken Rice and Peas w/ Creamy Coleslaw Dessert:	Creamy Cauliflower Roast Lamb/Mint Peach Salsa Fruited Rice Pilaf/ Honied Carrots Apple Pie	Roasted Red Pepper Soup Chicken Athenian Barley Pilaf/ Cabbage Dessert: Chocolate Cream Pie	getable-Corn, Pepper and Mushroom Sc Salisbury Beef Steak~Mushroom Gravy Potatoes/Sour Cream & Key West Vege Dessert: Fruit Cup	Asparagus Pesto Soup Roast Chicken Mashed Potatoes/ Corn Dessert: Mango Ice Cream
DINNER	Cod Masala Quinoa/Rice Pilaf w/ Spinach Dessert: Rainbow Sherbet	English Style Fish Country Diced Potatoes/Creamy Coleslaw Dessert: Pudding Cup	Egg Herb Frittata Bean and Pepper Salad Dessert: Mixed Berries	Open Face Turkey Melt Sandwich :h Salad w/ Strawberries/Balsamic Dressing/Dinn Dessert: Coconut Cream Pie	Salmon w/ watermelon Salsa Basmati Rice and Green Peas Dessert: Fruit Cup	Sweet Potato/Lentil Stew Rice and Vegetable Pilaf Dessert: Ice Cream Sandwich	Tilapia w/ Balsamic Onions Baby boiled Potatoes/yellow and Green Beans Dessert: Blueberry Orange Coffee Cake