

Reconnect FAMEyouth - Location and Contact Information

Reconnect FAMEyouth offers one-on-one counselling, young carers support groups and periodic 4-session FAMEyouth programming. To inquire about services please contact the staff assigned to your area:

- **Toronto & Scarborough** - Simona Martella, Reconnect FAMEkids Child and Youth Support Worker, 416-268-3802, smartella@reconnect.on.ca
- **Peel Region & Rexdale** - Karen Naismith, Reconnect FAMEkids Child and Youth Support Worker, 647-403-9305, knaismith@reconnect.on.ca

Young Carers Support Groups:

TORONTO:

- Located at LOFT Community Services (721 Bloor St. W., east of Christie, 3rd floor)
- Last Wednesday of each month – 6-7:30 pm
- Contact: Simona Martella – 416-268-3802
- Open to youth 16-29 who have a loved one experiencing a mental illness
- Drop-in format

MISSISSAUGA:

- Located in the Sussex Centre (Suite 300 – Community Door; 50 Burnhamthorpe Road West)
- First Wednesday of each month – 6:30-8 pm
- Contact: Karen Naismith – 647-403-9305
- Open to youth 16-29 who have a loved one experiencing a mental illness
- Drop-in format